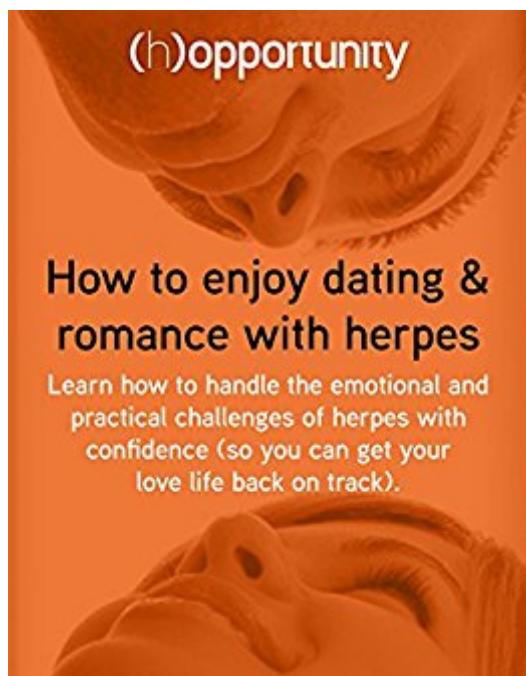


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# How To Enjoy Dating & Romance With Herpes: Learn How To Handle The Emotional And Practical Challenges Of Herpes With Confidence (so You Can Get Your Love Life Back On Track). (Guides Book 2)



## Synopsis

This book is a clear comprehensive guide on how to enjoy dating and relationships regardless of herpes. We'll take an honest and surprising look at how to manage many of the most common, practical and real issues related to dating and romance. Since it's not usually talked about openly, when people get herpes they usually have to figure it all out alone. But, the truth is that millions of people with herpes have normal and awesome love lives. If your love life has been suffering because of herpes, it's time for you to take a fresh look at the situation. It's time for you to learn the facts and the skills to get your love life back on track. I have collaborated with dating coaches and relationship experts to transform how you think about dating and romance with herpes. We take a candid look at real life success stories, and we take an honest look at where some people take a wrong turn. I'll offer you some new perspectives (based on the facts). I'll share with you the very same perspectives and communication tools that I used in my own love life so you can make your connections stronger and deeper than ever before. Here are just a few of the things you'll get from this book: You'll get an entirely new and refreshing perspective about what it means to live with herpes in the world of dating and romance. I'll show you where stigma and painful stories about herpes really come from and how to wake up from their hypnotic and negative effects. I'll reveal the dos and don'ts of online dating with herpes so that you know what to include in your profile and what not to include so that you can feel good about meeting someone new. We'll also talk about how to choose the right partner. I'll show you why dating with herpes is not just about getting people to accept you. It's about knowing how to recognize and choose potential partners who have what it takes to move beyond the fear and misinformation associated with herpes. I'll show you how to feel good about dating and romance so you can put your best foot forward. Often in dating people with herpes make herpes the most important thing. Together, we'll put herpes in perspective so you can get back to being your most real and beautiful you. I'll also give you a behind the scenes look at the surprising truth about long term relationships with herpes and share the secrets of amazing couples who are making things work. This book won't make dating effortless. But it will help you get herpes out of the way as a problem, so you can connect, learn and grow in dating and romance just like normal person. This book won't make the everyday challenges of dating disappear, but it will help you meet these challenges with healthy perspectives and cutting edge communication tools that are proven to work. Living without love can make you feel like you are starving, but herpes does not have the power to stop you. The need for romantic connection is so primal and important, that living without it can make you feel like you are starving. No matter what you may achieve in other areas of life, it

can feel like none of it really matters without romance and connection. If you take look at history you can see, that herpes has not stopped people from having adventures, falling in love and certainly not from creating lasting relationships and families. The same forces that have been bringing people together throughout history are alive in you. I don't want you to let precious years pass you by only to look back and realize (much too late) that Your ability to attract, enjoy and connect with someone new was actually woven into the very fabric of your being all along and all you had to do to enjoy dating and romance was try something new. If you are ready to tear up your old script about dating, romance and herpes, if you are ready to learn some new things, and discover a bright new world full of new possibilities than take your first step by reading this book and get a refreshing

## **Book Information**

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## **Customer Reviews**

This book has very little content. There are 3-4 lines of space between every few sentences, which I think might be double-spaced anyway. I read the book in about half an hour. 25% of the book is introduction. 50% more is on improving your self-confidence.... which is important.... but there is nothing in this book about actually having the talk and how to handle their responses. No anecdotes at all. The advertised "what to put on your dating profile" really asks two questions, which made it

harder for me to be confident. 1) Should you only use herpes-exclusive dating sites? and 2) Should you disclose your herpes status on a mainstream dating site? I feel like answering either of these in the positive is counter to the book's whole message. I mean, the author never mentions one of the big cons of using a herpes-only dating site in my mind---it's not just that you are severely limiting your dating pool, you are limiting it to people with herpes who think their herpes is a really big deal and makes them unfit for uninfected people. Or at least a greater percentage of those people than a random sample of people with herpes. And as far as disclosing on a dating site profile goes.... One of the biggest questions the author did not address for me was what about all those people you see on dating sites that you know in real life? I would never disclose my status on a dating site because I don't think I should have to disclose it to the general public, and I frequently see acquaintances on online dating sites..... I mean more power to you if you are telling the world, but I don't think that's necessary to have a positive attitude about your herpes. Conclusion: Very disappointing book.

The main lesson that I am learning from the author is that even though herpes is a problem, it's not nearly as big a problem as I thought it was. I thought I was doomed to be alone. I'm learning that I have more control over my life and my relationships than anything else. The perspectives and communication exercises in the book are helping me see a new way of dealing with things. There are lessons in this book about dating and romance that I wish I had learned years ago. People don't really talk honestly about what's going on with dating (with or without herpes). This book felt like a relief to read, like someone was finally being honest with me about myself and the other person. I'm realizing that attraction, romance and connection are WAY stronger than herpes. If everyone read this book (and not just people with herpes) then dating and romance would be safer and more fun for everyone. I'm not saying that dating with herpes is easy, but I will say that I feel like I understand dating and romance better than I did before. I feel like I got my life back.

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